



Nashville-based artist, songwriter, and multi-instrumentalist **Sam Varga** returns with his poignant new single, "[Long Way Back](#)"

, "a raw, reflective track that dives into the emotional wreckage of staying too long in the wrong place.

"Long Way Back" blends Sam's emo-rooted honesty with stripped-down, Americana textures—including a touch of mandolin—that deepen the song's introspective weight. It's a story of heartbreak told in hindsight, where clarity only arrives once you're already lost.

"I was with someone special for a long time, but deep down, I always knew it wasn't right," he shares. "One day, you wake up miserable, wondering how you got there. I think we've all been in something we knew wasn't for us. The longer you stay, the harder it is to leave, and the longer it takes to find your way back. It's like missing your exit on the highway and watching it disappear in the rearview, getting further and further away. Eventually, you have to tear yourself away to save yourself."

Sam Varga is a Nashville-based artist blending his emo roots with Southern grit and singer-songwriter

soul. Originally from Louisville, Kentucky, he came up in the city's DIY emo scene, cutting his teeth on loud guitars, basement shows, and late-night chaos. At home, his parents filled the house with '80s rock, Southern staples, and classic lyricists, giving him a rich musical foundation that laid the groundwork for his genre-blurring sound. That blend of raw punk energy and emotional storytelling forms the backbone of his sound, landing somewhere between alt-country and rock, woven with acoustic textures and dynamic instrumentation.

Addictive, sharp, and self-aware, Sam's music is emotionally unfiltered, self-deprecating, and unflinchingly human. Whether he's unpacking existential dread or offering hard-won hope, his songs are made for long drives, post-party spirals, and those fleeting moments when you just need everything to make sense for a few minutes.

His 2024 debut album *Shadow Work* carved out space on the emo-tinged edges of the country world, where steel guitars, emotional gut-punches, and punk spirit converge.

Now, with "Long Way Back," Sam Varga pushes that sound further—deepening the alt-country edge without losing the vulnerability and urgency that sets his music apart.

Listen to "Long Way Back" on all streaming platforms:

<https://onerpm.link/174218248042>



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