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TROPIC GOLD RELEASE *SICK TO DEATH OF EVERYTHING* EP TODAY,
MARCH 7, VIA UNFD

BAND SHARES "THE ANGELS ARE GONE" VIDEO — [WATCH](#)

South East England trio **TROPIC GOLD** have today released their new EP, *SICK TO DEATH OF EVERYTHING*, via UNFD.

Get it [here](#).

They've also released the video for "**THE ANGELS ARE GONE**." Watch it [here](#).

"'THE ANGELS ARE GONE' plays on as a lyric response to the question from the end of the introduction track opening the EP, that being '*How do you feel?*,'" the band says. "The track's intention was to feel like a downward spiral when your head is just wrecked and in all the wrong places, with the chorus stating '*I need a reason to stay, 'cos the angels are gone.*'"

Regarding the deeply personal EP, Tropic Gold siphoned every bit of emotion the members have experienced in recent times and parlayed it into these songs, saying, "*SICK TO DEATH OF EVERYTHING* had everything poured into it over some really difficult times — the name sums up what was, and has been, going through our heads. It's our most honest and vulnerable body of work, and hope that people hear it and connect so they understand they aren't alone with day-to-day instability of mental health, life uncertainty, and self-loathing."

Tropic Gold offer up a thoroughly modern and moody meld of alternative, metal, pop, and electronica, cajoling their passions for a dynamic culture pool of music and production styles into a single sonic petri dish. Though originally formed in 2019, the quartet have spent years in the lab, developing their sound and strong aesthetics behind the closed doors of a bespoke, self-built multi-media studio.

The Tropic Gold method is truly hands on, with guitarist **Joshua Lee** handling all production and recording duties, as well as diving into the weeds on their visual curation, manning the camera and edit suite as often as the production chair.

The band will also play a debut headline show in London on May 8 at The Black Heart.



SICK TO DEATH OF EVERYTHING follows Tropic Gold's 2023-released ***What A Wonderful Experience EP*** via **UNFD**.

Pairing swathes of moody atmospherics with soaring, ear worm choruses, the band's songs feel like they would be equally A Vibe™ pulsing across sticky, cramped dance floors as soaring atop airy arenas. Coming on like a new romantic Bring Me The Horizon or a post breakup Don Broco, who just discovered their parents copy of The Cure's *Disintegration* or a 45rpm copy of *Sing The Sorrow* playing at 33rpm... tl;dr: Tropic Gold are as gloomy as they are catchy. Sharing a sonic space with the likes of the aforementioned BMTH and Broco, PVRIS, (latter day) Architects, Caskets, Spiritbox's plaintive moments and even Enter Shikari (albeit on Valium), Tropic Gold are just getting started in figuring out how to weaponize their cocktail of slap and swag.

SICK TO DEATH OF EVERYTHING EP TRACK LISTING:

"{HOW DO YOU FEEL?}"
"THE ANGELS ARE GONE"
"DEAD TO ALL MY FRIENDS"
"{SWEAT}"
"HOLY HORROR"
"A PLACE CALLED EUPHORIA"

"{NOSCE TE IPSUM}"

"HAPPY"

"SACRED ENERGY XCHANGE"

TROPIC GOLD ARE:

Jacob Parris — Vocals

Joshua Lee — Guitars + Programming

Amy Barnett — Drums