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**LOSS BECOMES RELEASE NEW ALBUM *SONDER* TODAY, JANUARY 21**

**BAND SHARES VIDEO FOR NEW SINGLE "BLINK ONCE" — [WATCH](#)**

**LOSS BECOMES** — Brian Tsao, guitar; Will Gomez, bass; Anthony Copozzi, vocals; Anthony Lopardo, guitars; Sean Agerman, drums — have released their new album *SONDER* today, January 21. Get the album, which is being released digitally via The Orchard, [here](#).

Limited edition colored vinyl and limited edition digipak CDs will be available via Silent Pendulum Records (SPR). Those items are available [here](#).

Today, the band has shared the video for "**Blink Once**," a thrashy banger that captures the band in live performance mode.

Watch the video, which premiered over at *Revolver*, [here](#).

"Life moves very fast," says Copozzi, offering insight into the song. "Sometimes relationships grow and last forever, and sometimes relationships shatter into a million pieces and that person becomes a stranger on the street. Some of the people you start out life with usually aren't at the finish line with you. Some of them leave and then come back. Most of the time, you realize the fact that they never filled your cup after you've been filling theirs for years. It's not fun when you realize some of the closest people in your life aren't actually rooting for you at all. Sometimes they are rooting against you. This song is about exactly that. '*Blink once and you'll miss me.*'"

About the album as a whole, he explains:

*"Sonder: The feeling one has on realizing that every other individual one sees has a life as full and real as one's own, in which they are the central character and others, including oneself, have secondary or insignificant roles.*

'Sonder' is a word that has helped me connect a few dots about the lyrical content for this record, after the fact. I owe the title to my oldest brother Danny aka Yogi Reben. We "stroke philosophy" sporadically over the phone. He's not local to me anymore but we touch base regularly. Over time, I try to be more considerate and understanding of my surroundings. Especially the people — be it strangers or even close friends and family.

"I applied that perspective to the lyrics on this record, which all have different emotional points of views — both mine and others. It's not a concept record, but each song touches upon one another in some way."

### **SONDER TRACK LISTING:**

"L.O.F."

"Home"

"Broken Mirrors" (Featuring Jesse Leach)

"Tell Me"

"It Kills"

"Blink Once"

"Smile Wide"

"Take It Apart"

"On My Way Down"

"Here And Now"

### **LOSS BECOMES LIVE SHOWS:**

1/25 — Amityville, NY — AMH (supporting Moontooth)

2/1 — Queens, NY — Bar Freda (supporting Kuru)

3/7 — Brooklyn, NY — Woodshop (supporting Pathogenic)

4/4 — Manassas, VA — The Salisbury Center (supporting Age of Ruin)

4/5 — Richmond, VA — Bandito's (supporting Age of Ruin)

4/6 — York, PA — Skid Row Garage (supporting Age of Ruin)

6/5 — Potsdam, NY — SLC Arts (headlining)

6/6 — Poughkeepsie, NY — Reason & Ruckus (headlining)

### **ABOUT LOSS BECOMES:**

Hailing from Queens and Long Island New York, Loss Becomes are not your typical metal band. Guitarist, YouTuber, and Chef/Owner of Mission Sandwich Social, Brian Tsao, has put together a band like few others. Accompanied by long time friend Will "Doc" Gomez (Johnny Cage is a Fake, Tiger Flowers), Anthony Copozzi (Thracian), Anthony Lopardo (Westfall Recording Company), and Sean Ageman (Washed Up Media), Tsao and his bandmates have shaped Loss Becomes into a unique blend of metalcore with flashes of nu metal, hardcore thrash, and more. Having initially crafted their sound during the depths of the pandemic, Loss Becomes journey hasn't always been an easy one. After several years of hard work, the end product has been unleashed upon the world to critical acclaim. The music is unforgivingly aggressive with Anthony Copozzi's ferocious enthusiasm heard on every lyric, giving the band what can only be described as a full aural assault. Loss Becomes are

hungry and are forgetting their manners. Having performed alongside such acts as Alien Weaponry, Darkest Hour, Dr.Acula, Dying Wish, Extinction AD, Moon Tooth, Norma Jean, Swollen Teeth, and more, the band is no stranger to the stage. Loss Becomes are ready and able to take on all challenges regardless of genre and deliver a crushing live set.



**LOSS**  
**BECOMES**  
SONDER