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FOX LAKE DROP "COLD HARD TRUTH" VIDEO — [WATCH](#)

BAND IS NEWLY SIGNED TO MNRK HEAVY

FOX LAKE are roaring into 2025. The band has dropped the video for the new single "[COLD HARD TRUTH](#)." Watch it [here](#).

The song, a ferocious rap x rock hybrid, will rattle your teeth loose from your gums.

"The 'Cold Hard Truth' is a blend of some our favorite elements from nu-metal, hardcore, and hip-hop," the band states. "We wanted the whole song to feel like the moment your luck runs out. It's just as heavy as it is groovy and the lyrics cut like a knife."

The band announced its signing to **MNRK HEAVY** last year.

Born in the high elevation of Denver, FOX LAKE bring an elevated and energetic sound to the heavy music scene. The band started in 2017 as four friends jamming in their basement, looking to branch out from the metalcore sound by incorporating elements of their favorite genres: hardcore, hip-hop, and rock 'n' roll. FOX LAKE has continually leveled up by giving audiences undeniable grooves, punch rhythms, and an anti-establishment swagger. It all culminates in a sonic, brass-knuckled punch to the face that lands on anyone in their proximity.



ABOUT MNRK MUSIC GROUP:

MNRK Music Group is one of the largest independent music companies in the world, operating in every major music market. MNRK is committed to discovering and guiding top music creators and artists plus distributing premier music companies Dualtone Music Group and Last Gang. Its catalog across divisions consists of 65,000 music tracks, including multiple GRAMMY winners and platinum-selling hits.