



PHOTO CREDIT: Tom Ham

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SLUDGE SURREALISTS SUGAR HORSE SHARE UNCOMPROMISING NEW SINGLE "SPIT BEACH" — [LISTEN](#)

NEW ALBUM *GRAND SCHEME OF THINGS* TO BE RELEASED ON OCTOBER 4 VIA PELAGIC RECORDS

Bristol-based sludge metal experimentalists **Sugar Horse** have shared the single "**Spit Beach**" ahead of their much anticipated second full-length album, ***The Grand Scheme of Things***, due to be released by Berlin's **Pelagic Records** on October 4.

Eclectic and idiosyncratic from the outset, Sugar Horse have never done things the easy way. Intended to be something of a sideways step, *The Grand Scheme of Things* sees the band cast aside easy assumptions and expectations of what metal music can or should be. Gone are the obvious hammerblow hallmarks of a "metal" record; in their place the four-piece present tight song structures and pop-inspired melodies whilst still producing an album of the heaviest order.

A meditation on the journey towards death and how life continues afterwards, *The Grand Scheme of Things* inadvertently became an outlet for singer/guitarist **Ashley Tubb**, who's adoptive father passed away just as the band began working on the record.

The new single, "Spit Beach," is '80s-inspired, coldwave ballad colliding, without warning, with churning sludge beatdowns as Tubb considers how formative

moments and experiences of his father's life imbued him with a deeply fatalistic outlook and how, in turn, this cynicism has been passed onto Tubb. However, for Tubb this is a shared connection to be cherished as he and the rest of Sugar Horse turn the song's immediate premise on its head, transforming what could have been a discordant, laconic lament into a resounding battle cry in praise of pessimism.

Determined to do things the difficult way, without resting on easy laurels, the discomfort and confrontation of *The Grand Scheme of Things* is bracingly honest, uncompromising both musically and lyrically and represents an incredible step forward for Sugar Horse, a band already working on the edge of experimental heavy music.

"This song is almost meant to be a pessimist's battle cry," shares Tubb. "When I sing it, I feel like I'm channelling him in a way... Even though he would've probably just thought it was a horrible row."

THE GRAND SCHEME OF THINGS TRACKLIST:

"The Grand Scheme Of Things"

"[The Shape Of ASMR To Come](#)"

"Corpsing"

"Mulletproof"

"Spit Beach"

"[New Dead Elvis](#)"

"Jefferson Aeroplane Over The Sea"

"[Office Job Simulator](#)"

"Space Tourist"

SUGAR HORSE ARE:

Ashley Tubb — Vocals/Guitar

Jake Healy — Baritone Guitar, Keyboards

Chris Howarth — Bass

Martin Savage — Drums

